

August 27, 2023

[Detox](#)

First-Ever Spike Detox Protocol Appears in US Medical Journal: Here's How You Can Get Better

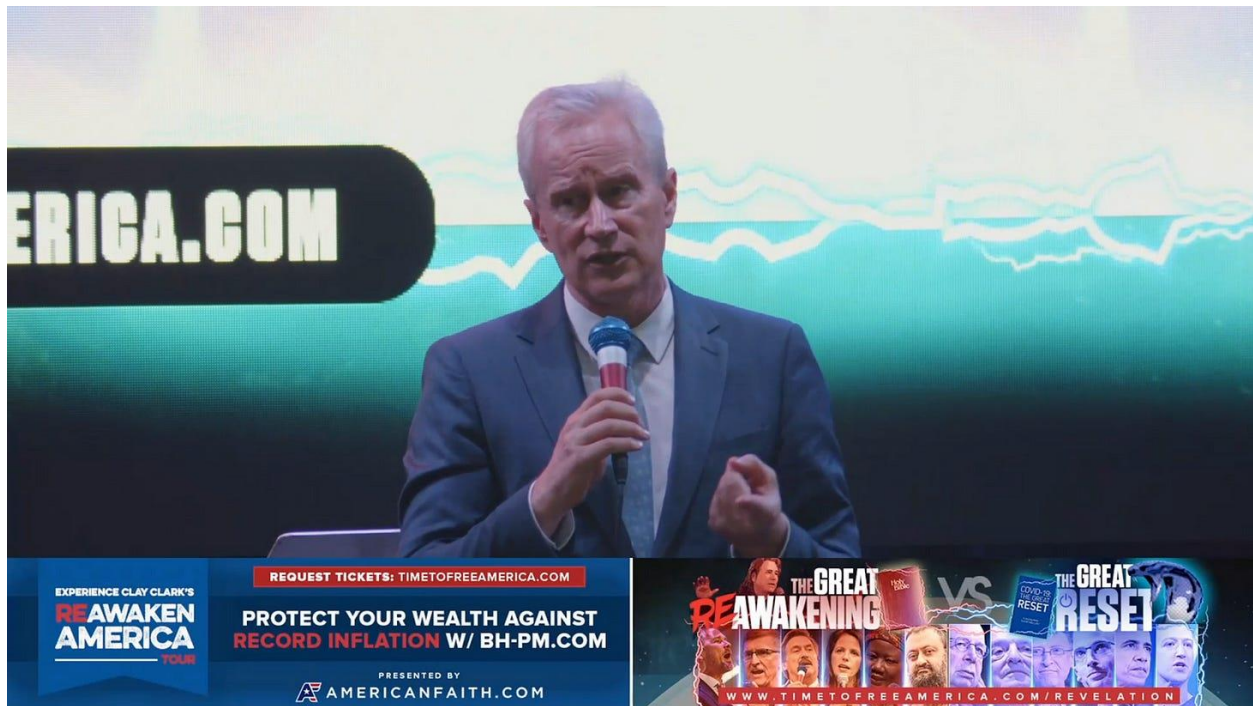
Dr. Peter McCullough reveals three key substances for breaking down spike proteins, reducing inflammation, and mitigating the risk of blood clotting.

By

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“The COVID-19 vaccines were the largest human experiment ever done in the history of mankind,” expressed world-renowned cardiologist, [Dr. Peter McCullough](#) to a packed audience at the [ReAwaken America Tour](#) in Las Vegas, Nevada.



“People who took the vaccines for the first time took a genetic injection of foreign genetic material that produced in their body for an uncontrolled duration [of] time and quantity, the Wuhan Spike protein, the protein on the surface of the virus that causes so much damage in the human body.”

“Many of you still have the Spike protein in your cells and your tissues,” detailed [Dr. McCullough](#). “Every study that’s looked at this has actually identified this central issue. The human body does not seem to have enzymes that can break down this protein like it could any other natural protein and have us get rid of it.”

Why? “**It’s because this protein is not natural,**” answered [Dr. McCullough](#). “It was engineered in a Chinese biosecurity lab using blueprints that came from U.S. researchers fully funded and supported by the National Institutes of Health and the National Allergy Immunology branch run by Dr. Anthony Fauci.”

The effects of the unnatural Spike protein have been devastating.



Professional basketball player Óscar Cabrera Adames collapsed mid-game in 2021. He blamed vaccine-induced myocarditis for the incident. Two years later, he unfortunately died during a stress test at a health center in the Dominican Republic.

“The vaccines have left about **15% of those who’ve taken them with some form of a medical problem,**” informed [Dr. McCullough](#). “That is a huge number,” he lamented.

“Now, fortunately, about a third of people who took the vaccine; they’ve had no side effects whatsoever, and they appear to be exhibiting no side effects emerging. So, if one took the shot and they’re perfectly fine, didn’t even have a sore arm, they’re extremely unlikely now to develop a problem,” explained [Dr. McCullough](#).

“But it’s people who developed an initial reaction and were sick for a few days or weeks afterwards — I really worry about them because we are seeing the late development of myocarditis and cardiac arrest **even two years after the vaccine.** Blood clots developing **even**

two years after the vaccine. In fact, another episode of COVID could provoke these,” [Dr. McCullough](#) warned.

So, what can we do to help prevent such medical disasters?

Three words: “[Base Spike Detoxification](#).” [Dr. McCullough](#) announced that Friday, 8/25/23, “was a historic day” because “the very first [detoxification protocol](#) was published in the U.S. medical literature.” Specifically, the Journal of American Physicians and Surgeons.

Clinical Rationale for SARS-CoV-2 Base Spike Protein Detoxification in Post COVID-19 and Vaccine Injury Syndromes

Peter A. McCullough, M.D., M.P.H.
Cade Wynn

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SARS-CoV-2 Spike Protein as a Therapeutic Target

The majority of the global population has contracted COVID-19 and/or taken one of the many COVID-19 vaccines. As a result, the injurious SARS-CoV-2 spike protein has been an antigenic exposure to most in the world. Provided the infection was treated early and limited to the nasopharynx without invasive disease, the infection was self-limited without sequelae. Mucosal immunity with IgA, T-cells, B-cells, and natural killer cells handles the coronavirus and defends the body against systemic illness.¹ However, in the setting of invasive disease with COVID-19 pneumonia, viremia, cytokine storm, thrombosis, and end-organ injury, there is evidence of widespread residual replicating SARS-CoV-2 spike protein in tissues for months, and the S1 segment within CD16 monocytes for more than one year.²

Repeated administrations of COVID-19 vaccines, particularly the mRNA or adenoviral DNA products, deliver the genetic code for the spike protein, which is produced by a wide array of cells in tissues, resulting in an uncontrolled duration and cumulative doses of spike protein. The rise in IgG against the spike protein is many fold greater after vaccination than from the natural infection. This is a proxy for considerably greater exposure to the spike protein after immunization than after infection. Anti-spike IgG levels are associated with post-COVID-19 symptoms.³ Yonker et al. have recently shown that some individuals do not develop neutralizing antibodies against the spike protein, and as a result develop organ injury, particularly myocarditis in children and young adults.⁴ Free circulating soluble and

Proteolytic Degradation of Spike Protein

Nattokinase

The spike protein has been found free, bound by antibodies, and also encased within lysosomes or exosomes both inside and outside of cells. Patterson et al. have found these, both after infection and after vaccination, likely worsened by repeated exposures (Figure 1). This shows that the spike protein can persist in the human body for a very long time (months to years), probably because it is resistant to proteolytic cleavage and disposal.¹¹

Proteolytic cleavage of spike appears to be an important mechanism to initiate clearance of the protein by the reticuloendothelial system. Nattokinase is a naturally occurring proteolytic enzyme with thrombolytic properties derived from the fermentation of soy beans by *Bacillus subtilis natto*.¹² The organism is a probiotic gram-positive spore-forming bacterium with veterinary and human applications.¹³ Nattokinase has been widely used as a cardiovascular supplement in Japan for its anti-atherosclerotic and antithrombotic properties.¹⁴ It has undergone safety testing in doses up to 80,000 fibrinolytic units (FU) daily. Kurosawa and colleagues have shown in humans that D-dimer concentrations at six and eight hours, and blood fibrin/fibrinogen degradation products at four hours after administration of a single oral dose of 2,000 FU (100 mg) were elevated significantly ($p < 0.05$, respectively). Thus, an empiric starting dose could be 2,000 FU twice a day. Full pharmacokinetic and pharmacodynamic studies have not been completed, but several years of market use as an

[Dr. McCullough](#) explained that this [detoxification protocol](#) allows individuals to proactively address the issue head-on by using three natural substances, **nattokinase, bromelain, and curcumin**, which are available over-the-counter, “to help the body **clear this very dangerous protein** from [their] cells and tissues.”

Although the protocol has not yet been scientifically validated through double-blind, randomized, placebo-controlled trials, [Dr. McCullough](#) argued that clinical observations indicate a positive impact.

What Are Nattokinase, Bromelain, and Curcumin?



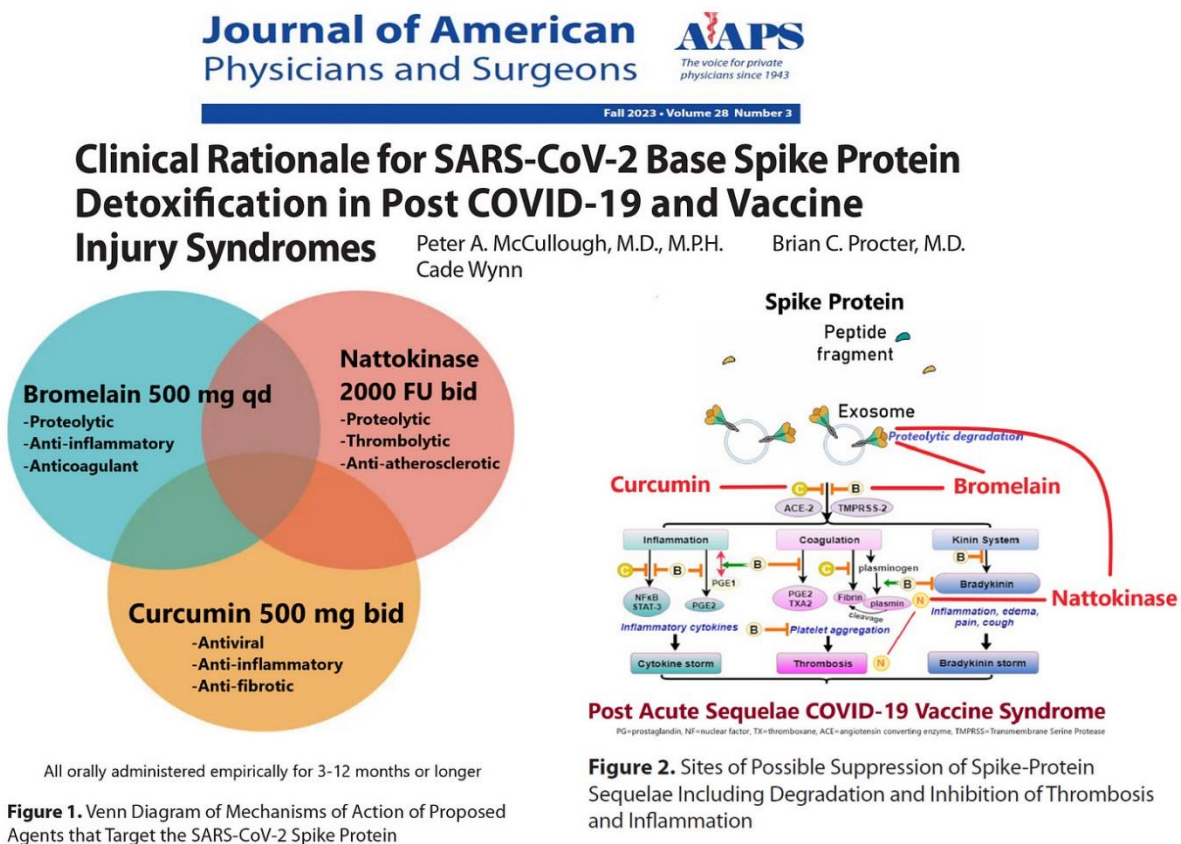
“The Health Benefits of Nattokinase”: explore.globalhealing.com

- **Nattokinase:** An enzyme derived from the fermentation of soy. It has been traditionally used in Japan for its supposed cardiovascular benefits. Preclinical trials show it degrades the Spike protein.

- **Bromelain:** A set of enzymes derived from pineapple stems, approved by the FDA as a topical treatment for wounds. Like nattokinase, it has also been shown to accelerate the clearance of Spike proteins.
- **Curcumin:** The active compound in turmeric, widely used for its anti-inflammatory properties. It also mitigates further damage from the Spike protein.

The Protocol

The recommended doses in the protocol are as follows, per [Dr. McCullough's Substack](#):

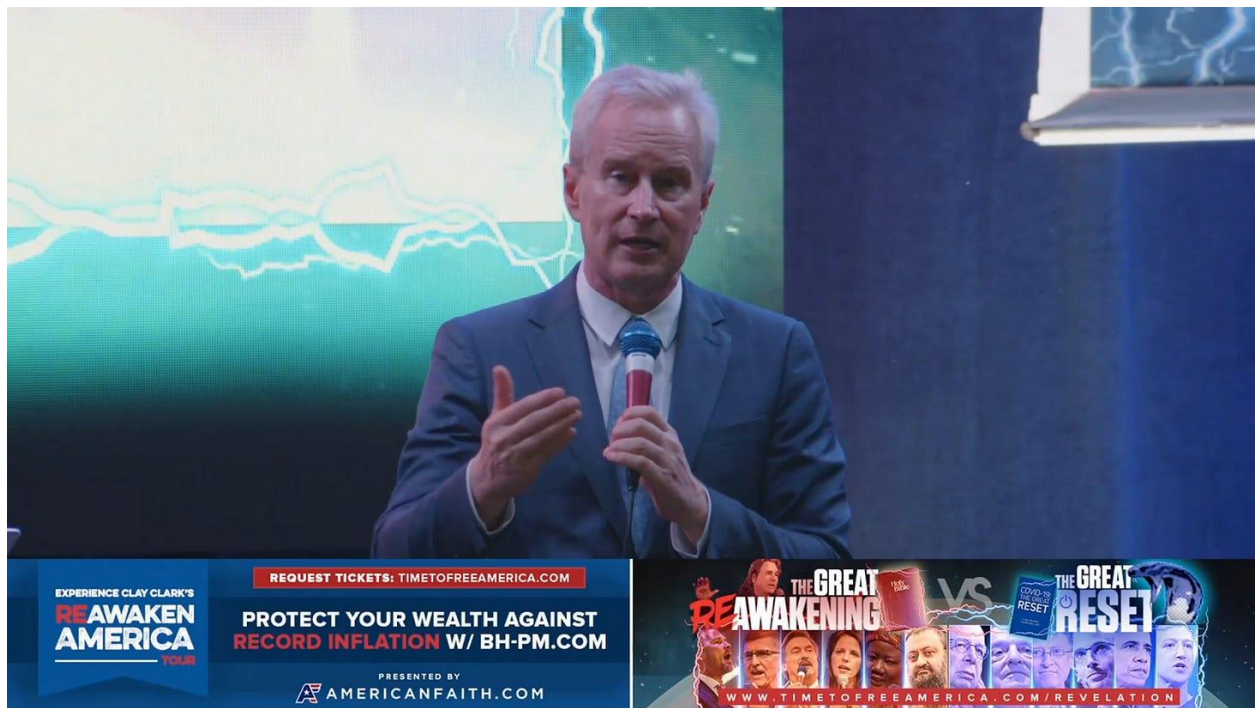


- **Nattokinase:** 2000 fibrin units (100 milligrams) orally twice a day without food
- **Bromelain:** 500 milligrams orally once a day without food

- **Curcumin:** 500 milligrams orally twice a day (nano, liposomal, or with piperine additive suggested)

[Dr. McCullough](#) recommended taking this treatment triad for at least three months for anyone suffering from or worried about post-COVID or vaccine syndromes, but he also suggested that those who have received multiple injections may need to take it for **twelve months** or longer.

Clinical Observations and Limitations



[In Dr. McCullough's](#) clinical observations, “**patients indeed are getting better on this approach.**” He said he has observed people experience relief from symptoms such as numbness, tingling, heart racing, headaches, and loss of senses under this protocol. However, these observations have not yet been supported by large-scale scientific trials.

Despite a billion-dollar investment in long COVID research by the Biden administration, not a single dollar of funding has been directed toward researching vaccine injuries. So, it won't be the government but dissenting doctors, like [Dr. McCullough](#), who will be leading the way in discovering optimal treatments and management for vaccine injuries.

Safety Concerns

“The main safety caveats are bleeding and allergic reactions, both of which are manageable. It is our experience that both nattokinase and bromelain can be used in addition to antiplatelet and anticoagulant drugs with physician monitoring,” wrote [Dr. McCullough](#) on his [Substack page](#).

BREAKING--Clinical Rationale for SARS-CoV-2 Base Spike Protein Detoxification in Post COVID-19 and Vaccine Injury Syndromes

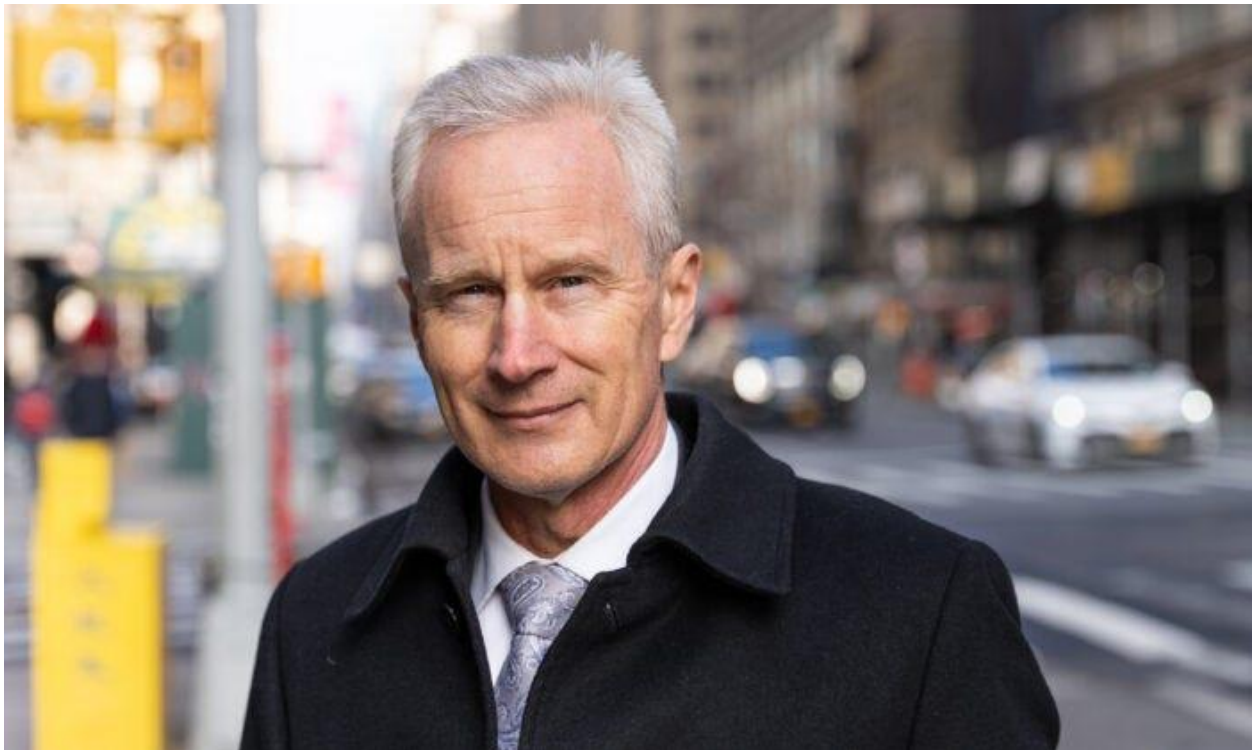
Publication of Baseline Protocol for Those Suffering from Long-COVID and Post-Acute Sequelae after COVID-19 Vaccination



PETER MCCULLOUGH, MD
AUG 25, 2023

Overall, “Base Spike Detoxification” looks promising.

[Vigilant News](#) reached out to [Dr. McCullough](#) for a statement. Here is what he had to say:



Dr. Peter McCullough in New York on Dec. 24, 2021. Image: worldfreedomalliance.org

“[The Wellness Company](#) has brought the best news to those who suffer from long COVID or regret COVID-19 vaccination. Our [Spike Support product](#) is the bedrock of the recently-published ‘[Base Spike Detoxification Protocol](#),’ the first and only regimen to help people recover from post-acute sequelae after COVID-19 and vaccination.”

Bromelain, curcumin, and nattokinase are available over the counter at just about any health food store or pharmacy.

But for best-in-class nattokinase, [Dr. McCullough](#) recommends [Spike Support Formula](#), which also contains dandelion root, selenium, and a host of other promising ingredients that can help protect you and your family from the prolonged effects of Spike proteins.

[TWC's Spike Support Formula](#)